**7th & 8th Grade Fitness Schedule**

**Odd Days (1,3,5,7,9)**

**12/19-  Lesson 7.1   (BOOKWORK)**

**12/21-    Lesson 7.1   (BOOKWORK)**

**1/3-   Lab 7.2   (NEED TO CHANGE)**

**1/5-      STUDENT LED CONFERENCING WORKSHEET**

**1/9-    Lesson 7.3   (BOOKWORK)**

**1/11- Lab 7.4   (NEED TO CHANGE)**

**1/17-   Review & Equipment   (NEED TO BRING SNEAKERS)**

**1/19-   Quiz & Equipment   (NEED TO BRING SNEAKERS)**

**1/23 - FREE (NEED TO CHANGE)**

**1/25- FREE (NEED TO CHANGE)**